

Deployment Jenga®

- Using the Jenga® block game you can create a quick and easy way to get teens talking without them feeling as though you are trying to interrogate them
- Put a question on each tile with some of the tiles being a “Miss your turn” or “Ask someone else a question”
- You can repeat certain questions if you want more than more person to have to answer it. For example, if you are focusing on pre-deployment intervention you may want more than one tile that says, “When they are getting ready to leave I feel...” or “The hardest thing about them leaving is...” or “I say good-bye by...”
- You do not have to use all of these questions, you can pick and choose the ones that are appropriate for the group you are running (pre-deployment, deployment, reunion, intervention, prevention, etc.)
- If you have a group over 5 people get two containers and have them playing on two sides of the room then have one person at a time rotate out of the group to the other one. They should end up with their original groups.
- Give each player a Free Pass card (sample at the bottom of the page)

Suggested Questions:

I feel lonely when...

I am grumpy when...

I want to laugh when...

I get tense when...

I am terrified of...

I get tired when...

The worst things about being in the military are...

The best things about being in a military family is...

If I hear rumours, I will ask _____ to get the facts...

The thing that worries me the most about them coming back is...

When they are away it is harder for me to...

I am shy when...

I am much nicer when...

I am conflicted about...

I am cautious when...

I get crazy when...

I am calm when...

I feel brave when...

I am most cheerful when...

I am sad when...

I feel hurt when...

I feel valued when...

**I feel proud when...
Today I felt...
Yesterday I felt...
Now they are back I feel...
When they go away I feel...
I feel guilty when...
I feel sorry for...
I am jealous when...
I feel fulfilled when...
I am eager when...
I get interested in...
I am most joyful when...
I felt foolish when...
I get mad when...
I get frustrated when...
The happiest I have ever been is when...
The most embarrassed I have ever been is...
I feel powerless when...
I regret...
I don't regret...
I feel unappreciated when...
The responsibilities I don't want to take on the most are...
I feel like you trust me when...
I feel trapped sometimes because...
I think I am tolerant because...
I feel ugly because...
I get discouraged when...
I was miserable when..
I was really excited when...
I thought it was hopeless when...
The people I can talk to are...
When I am upset I can go to...
I worry the most about...
I worry the least about...**

**Jenga Free Pass
Get out of answering
for one round**